

# **North Carolina Central University**

#### MISSION

The mission of North Carolina Central University is to prepare students academically and professionally to become leaders to advance consciousness of social responsibility in a diverse, global society. In accordance with the larger institution, the mission of the North Carolina Central School of Education is to prepare educational professionals to serve and inspire excellence in teaching, administration, counseling, communication, technology and other related services. Central to this aim is the development of leaders who promote social justice and dedicate themselves to the well-being of a global community. The Counselor Education Program prepares counselors to work in mental health, school, and career counseling settings who promote social justice and responsibility, serve as leaders in a diverse and global community, and respond to the complexity of human needs across the lifespan. To this end, the program emphasizes increasing awareness, knowledge, and skills in interacting with economically, socially, and culturally diverse populations. Our partnerships with local agencies and schools foster an understanding of multicultural and diverse populations and counseling interventions that promote empowerment.

#### The Department of Counselor Education's Mission

North Carolina Central University is located in Durham, a fairly urban area in central North Carolina. Nearby regions include rural areas, as well as the Research Triangle Park. The Department of Counselor Education prepares professional counselors to work in career, school, and community agency settings who promote development across the lifespan, advocate for systemic change, and respond to the complexity of human needs associated with a diverse society. Faculty are expected to teach and mentor students, serve the community and profession, and conduct and disseminate research.

# Syllabus CON 5201 – 01 Ethical and Professional Orientation to Counseling Fall 2023 3 Credit Hours

Meeting Day & Time: Wednesday 5 pm-7:30 pm Class Location: School of Education (SOE) Room 1071

**Instructor:** Karlesia Montague, Ph.D., LCMHC, LCAS, NCC, CSI

**Office:** 2125 School of Education

**Phone:** 919.530. 5049

Email: <u>kmontagu@nccu.edu</u> (Best way to contact me.)

WebEx: https://nccu.webex.com/meet/kmontagu

**Office Hours:** Tuesday 8:00 AM—2:00 PM (Virtual by appointment)

Wednesday 1:00 PM - 5:00 PM (on campus)

\*\*\*Please allow 24-48 hours for a response to emails and voice mail messages, excluding nights, weekends, and holidays. Email is the most reliable and quickest communication method.

#### **Required Course Materials:**

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7<sup>th</sup> ed.). https://doi.org/10.1037/0000165-000

Corey, G., Corey, M. S., Corey, C. & Corey, C. (2023). *Issues and ethics in the helping professions* (11<sup>th</sup> ed.). Cengage Learning.\*

\* A word about Cengage/Mindtap – The Corey, Corey, and Corey text is accompanied by the online learning platform called Mindtap. It is required that all students purchase the online access code for this textbook. Mindtap access offers students an ebook, videos, exercises, and quizzes that count toward the final grade in this course. See Canvas for instructions on accessing the Mindtap platform that accompanies this textbook.

#### **SUPPLEMENTAL TEXTBOOKS & MATERIALS:**

Additional required readings will be made available on Canvas throughout the semester. In addition, a list can be found at the end of the syllabus (appendix).

AATBS (2020). Counseling National Counseling Exam: Professional Orientation & Ethics (Volume 1). Ventura, CA. <a href="https://behavioral-science.aatbs.com/nccu/">https://behavioral-science.aatbs.com/nccu/</a> (click on NCE).

#### **Course Catalog Description:**

This course is designed to provide an understanding of the identity of the professional counselor, the characteristics of an effective counselor, self-exploration in relation to the role and is infused with ethical considerations relevant to the profession. Awareness of the professional literature and organizations, establishing entry-level professional writing skills, including understanding APA writing style, and training students in beginning counselor skills, such as attending, active listening, and reflecting will be addressed.

#### **COURSE FORMAT & MEETING TIME:**

This course is a face-to-face (F2F) on campus class. You are required to attend every class on Wednesdays at 5PM until 7:30PM. Course documents will be housed in Canvas. Please check Canvas regularly for course information. You will be required to log on to the Canvas system in order to complete assignments during the semester (e.g., submit assignments, obtain handouts).

#### TASK STREAM STATEMENT (\*note, this software is not vet available to students):

Task Stream is a way the School of Education and the Counselor Education program collects artifacts and evaluates student progress toward meeting educational requirements. Maintaining an electronic portfolio (i.e., "Task Stream") is a REQUIREMENT for continued enrollment as a degree-seeking student in the School of Education at North Carolina Central University. You must maintain a Task Stream account while enrolled in school, and you will be required to upload a majority of your assignments to the system. The university will use the information to track data and verify that you have met competencies of your program of study - but more importantly - this system will serve as your own professional e-portfolio and file storage. You will receive notice if an assignment needs to be uploaded to Task Stream. Please note that some of the assignment names may be different than what appears in Task Stream. Task Stream has replaced Foliotek. Students will be notified when Task Stream becomes available.

# **Course Websites**

All content is posted on Canvas, which is the learning management system used by NCCU. Every student has a username and password issued by the University. You are required to log on the Canvas system weekly to view course content and submit assignments. No assignments will be accepted via email. If you have questions about your account, please call IT department at 919-530-7676 or <a href="https://www.nccu.edu/canvas/support">https://www.nccu.edu/canvas/support</a>.

# **Counselor Education Program Objectives:**

The program develops counselors who:

- 1. Develop a theoretically solid philosophy of practice integrating research data into evidence-based practices;
- 2. Apply knowledge, skills, and dispositions consistent with the ACA Code of Ethics;
- 3. Formulate a professional identity that responds to the needs of their client populations while utilizing culturally competent practices and appropriate assessment tools and procedures;
- 4. Act with expertise in individual, group, and family counseling with diverse clients on personal, social, emotional, career, and educational issues that impact development across their lifespan;
- 5. Develop leadership ability and advocate to meet client needs and to remove individual and systemic barriers to development and consult with other professionals concerning the developmental needs of culturally diverse clients;
- 6. Build and sustain collaborative partnerships with stakeholders for promoting social justice, equity, and access.

#### **Course Objectives:**

As result of completing this course, students will

1. Integrate the ethical standards set forth by professional organizations and credentialing bodies into the practice of counseling in a variety of settings and specialties, across client populations. (Sec. II:F:1.i)

- 2. Articulate knowledge of ethical strategies for selecting, administering, and interpreting assessment and evaluation instruments and techniques in counseling. (Sec. II:F:7:m)
- **3.** Apply ethical and legal standards to the professional practice of counseling, specifically as they apply to work with diverse client populations and to work with minors, couples, families, and groups. (CMHC B:1)
- **4.** Evaluate ethical decision-making models and determine which models to use in making ethical decisions related to professional counseling practice.
- **5.** Compare and contrast ethical standards for the profession of counseling with ethical standards for related helping professions.
- **6.** Integrate technology into the completion of course and learning activities in preparation for the growing integration of technology in the profession of counseling.
- 7. Produce course materials and presentations that reflect exemplary professional oral and written communication skills at standards expected of entry-level professionals.
- **8.** Apply proper APA style documentation and formatting to learning activities.
- **9.** Think critically about the impact their personal worldview has on their personal and professional development as beginning counselors and how their personal worldview is influenced by their personal and professional development as beginning counselors.

# Student Learning Outcomes and Assessment for CON 5201: *CACREP Standards (2016)*:

Student Learning Outcomes (SLOs) The counselor-in-training will be able to:	Method for Obtaining Outcome	Method for Evaluation of Outcome (Evidence)
SLO 1 Research and report the history and philosophy of the counseling profession. (CACREP III.A.1) (NCATE Standard 1.2)	Lectures, class readings and discussions.	The Development of Professional Counseling/ Internet Paper
SLO 2 Identify counselors' roles and responsibilities as members of an interdisciplinary emergency management response team. (CACREP II.F.1.b)	Lectures, class readings and discussions.	Roles and Responsibility Paper
SLO 3 Identify with the counseling profession (CACREP II.F.1.c)	Lectures, class readings and discussions,	Participation in professional organizations seminars, and workshops, tests and examinations
SLO 4 Examine the use of technology in the counseling profession (CACREP II.F.1.j, II. F.5.e) (NCATE Standard 1.4)	Lectures, class readings and discussions.	The Development of Professional Counseling/ Internet Paper.
SLO 5 Practice beginning expertise in essential counseling skills (CACREP II.F.5.g) (NCATE 4.5)	Class role plays lectures, class readings and discussions.	Taping Assignment in MindTap
SLO 6 Learn counselor characteristics and behaviors that influence the helping process (CACREP II. F. 5.f)	Lectures, class readings and discussions.	Tests
SLO 7 Initiate the process of self- awareness, and exploration of how an individual's values and beliefs fit within the role of counselor	Lectures, class readings and discussions.	Self-assessment Assignment Journal assignment by self- reflection inventories

(CACREP II. F. 5.f) (CACREP		
II. C.)		
SLO 8 Learn about the	Lectures, class readings and	Development of Professional
professional literature and	discussions,	Counseling Paper
organizations (CACREP II.F.1.f)		
SLO 9 Research and report	Lectures, class readings and	The Development of Professional
professional organizations,	discussions.	Counseling Paper/ Internet
including membership benefits,		assignment and tests and
activities, services to members,		examinations
and current issues. (CACREP II.F.1.f) (NCATE Standard 1.3)		
SLO 10 Research and report	Lectures, class readings and	The Development of Professional
professional credentialing,	discussions.	Counseling/ Internet Assignment
including certification, licensure,	discussions.	Counselling/ Internet / Essignment
and accreditation practices and		
standards, and the effects of public		
policy on these issues. (CACREP		
II.F.1.g) (NCATE Standard 1.5)		
SLO 11 Research and discuss the	Lectures, class readings and	Participation in professional
role and process of the	discussions.	organizations
professional counselor advocating		
on behalf of the profession		
(CACREP.F.1.d)	C1 1' ' 1 1'	Ed. 10 Ct 1
SLO 12 Analyze and apply ethical	Class, discussions and readings.	Ethical Case Study
standards of professional organizations and credentialing		
bodies, and applications of ethical		
and legal considerations		
(CACREP II.F.1.i) (NCATE		
Standard 1.1)		
SLO 13 Assess and report cultural	Class, discussions and readings.	Multicultural Assessment
self-awareness as it relates to		Assignment, tests and
counselors' roles, promoting		examinations in MindTap.
cultural social justice, advocacy		
and wellness. (CACREP II.F.2.		
d-g)		
SLO 14 Define counselors' roles	Class, discussions and readings.	Tests
in eliminating biases, prejudices,		
and processes of intentional and		
unintentional oppression and		
discrimination. (CACREP		
II.F.2.h)	Lastures aloss readings and	
SLO 15 Apply counseling theories that provide the student with	Lectures, class readings and discussions.	
models to conceptualize client and	uiscussions.	
appropriate counseling		
interventions. (CACREP II.F.5.a-		
b)		
SLO 16 Formulate a general	Lectures, class readings and	Tests and examinations
framework for understanding and	discussions.	
practicing consultation.		
(CACREP II.F.5.c)		
SLO 17 Observe professional	Lectures, class readings and	Roles and Responsibilities Paper
roles, functions, and relationships	discussions.	
with other human service		
providers, including strategies for		
interagency/interorganization collaboration and		
conadoration and		

communications. CACREP (II.F.1.b-e)		
SLO 18 Identify self-care strategies appropriate to the counselor role. (CACREP II.F.1.1)	Lectures, class readings and discussions.	Self-Assessment Assignment and Journals Self-care plan
SLO 19 Use the APA Manual, emphasizing referencing style.	Lectures, class readings and discussions.	Written assignments
Students will understand the role of counseling supervision in the profession CACREP II.F.1.m)	Class, discussions, readings, and assignments.	Development of Professional Counseling Paper & Roles and Responsibilities Paper
Students will demonstrate strategies for personal and professional self-evaluation and implications for practice (CACREP II.F.k)	Class, discussions, readings, and assignments.	Self-Reflection Paper, Self- Assessment Inventories
Students will understand current labor market information relevant to opportunities for practice within the counseling profession (CACREP II. F. 1.h)	Class, discussions board posts, and readings	Current Labor Trends Discussion and The Development of Professional Counseling Paper

The required Taskstream assignments for this course include: Ethical Case Study, Development of Professional Counseling Internet Assignment, and Roles and Responsibility Paper.

#### KEY PERFORMANCE INDICATORS

As part of the overall assessment plan for the Counselor Education program, designated courses have specific Key Performance Indicators (KPIs) that are connected to accreditation standards. Ethics has three (3) KPIs which are listed above. The assignment that measures each standard is listed beside it. If the student does not meet the grade standard which will be clearly communicated when the assignment is introduced, the student will be asked to repeat the assignment.

# **COURSE POLICIES**

- 1. All work submitted should reflect graduate level content and preparation, be typewritten or otherwise electronically prepared, and utilize APA style as appropriate. Careless preparation (i.e., spelling and grammatical errors) or inappropriate presentations will negatively affect the grade for that assignment or task. Do not submit any work that you have not proofread. Late assignments, if accepted, will have a reduced grade.
- 2. Please complete all of your coursework independently, unless the assignment specifically requires collaboration with classmates. All of your coursework should be attempted on your own. Plagiarizing work in any assignment will result in automatic failure in the course. Please review the Academic Honor Code.
- 3. Read the entire syllabus. Follow all directions and due dates provided in the syllabus and on the website (no exceptions).
- 4. Read and listen/watch all material provided on the course website as it is presented (e.g., PowerPoint Presentations, videos, podcasts, supplemental readings, etc.). Complete all assigned readings. It is not acceptable to read only a portion of the reading assignments for this course. You are expected to be prepared to discuss, summarize, and react to all readings. It will be difficult to pass this course if you do not complete the assigned readings.
- 5. Regularly check your NCCU email account. I will correspond with you from time to time via campus email. If you are not receiving communication about this course, then it is because you aren't checking the account regularly, and it is possible you will miss important information related to this course.
- 6. Ensure that you are entirely familiar with all functions available to you via Canvas. Not knowing how to use various functions of Canvas is not an excuse for not completing assignments. Contact the campus ITS helpline should you experience technical problems related to Canvas (919-530-7676).
- 7. Please use the designated link in Canvas system to submit your work. Do not email your work to the instructor unless specifically asked to do so by the instructor. Otherwise, email submissions will not be accepted and will receive a grade of zero if they are not submitted in Canvas.
- 8. You are given a "window" of time to complete assignments, and you do not have to wait until the due date to complete your work. Please avoid doing things at the last minute. It is very unlikely that you will be given any extra time to complete an assignment if you waited until the last minute to complete a task and then experienced an issue. Work on things early so that you can overcome the problems, should they arise.

- 9. <u>Adverse Weather:</u> The University makes all decisions regarding the cancellation of classes. Due dates for this course will not be changed due to adverse weather, related power outages, or other adverse events. Please keep a check on weather forecasts so that you may prepare in advance. Please sign up for Eagle Alerts on the Emergency Webpage for NCCU.
- 10. There is no "rounding up" of grades. Please see the grading scale for exact numerical values.

#### North Carolina Central University Class Attendance Policy

This course is a face-to-face on campus class. You are required to attend every class on Wednesdays at 5PM until 7:30PM. Before Financial Aid is disbursed each semester, NCCU must confirm that you have begun attendance in all of your courses. Your instructor must validate your attendance for each course. Students who do not attend classes during the first two (2) weeks of class will be dropped due to non-attendance. See here for additional information: <a href="https://www.nccu.edu/policies/retrieve/41">https://www.nccu.edu/policies/retrieve/41</a>

#### NCCU POLICIES AND RESOURCES

#### **Statement of Inclusion/Non-Discrimination:**

North Carolina Central University is committed to the principles of affirmative action and non-discrimination. The University welcomes diversity in its student body, its staff, its faculty, and its administration. The University admits, hires, evaluates, promotes, and rewards on the basis of the needs and relevant performance criteria without regard to race, color, national origin, ethnicity, sex, sexual orientation, gender identity, gender expression, age, disability, genetic information, veteran's status, or religion. It actively promotes diversity and respectfulness of each individual.

#### **Student Accessibility Services:**

Students with disabilities (physical, learning, psychological, chronic or temporary medical conditions, etc.) who would like to request reasonable accommodations and services under the Americans with Disabilities Act must register with the Office of Student Accessibility Services (SAS) in Suite 120 in the Student Services Building. Students who are new to SAS or who are requesting new accommodations should contact SAS at (919) 530-6325 or <a href="mailto:sas@mccu.edu">sas@mccu.edu</a> to discuss the programs and services offered by SAS. Students who are already registered with SAS and who would like to maintain their accommodations must renew previously granted accommodations by visiting the SAS website at www.nccu.edu/sas and logging into Eagle Accommodate. Students are expected to renew previously granted accommodations at the beginning of each semester, preferably during the first two (2) weeks of class. Reasonable accommodations can be requested at any time throughout the semester; however, they will not be effective retroactively. Students are strongly encouraged to contact their professors to discuss the testing and academic accommodations that they anticipate needing for each class.

Students identifying as pregnant or other pregnancy-related conditions who would like to request reasonable accommodations and services under Title IX must register with SAS.

#### **Confidentiality and Mandatory Reporting:**

All forms of discrimination based on sex, including sexual misconduct, sexual assault, dating violence, domestic violence, and stalking offenses, are prohibited under NCCU's Sexual Misconduct Policy (NCCU POL 01.04.4). NCCU faculty and instructors are considered to be responsible employees and are required to report information regarding sexual misconduct to the University's Title IX Coordinator. The Sexual Misconduct Policy can be accessed through NCCU's Policies, Regulations and Rules website at <a href="www.nccu.edu/policies">www.nccu.edu/policies</a>. Any individual may report a violation of the Sexual Misconduct Policy (including a third-party or anonymous report) by contacting the Title IX Coordinator at (919) 530-7944 or <a href="mailto:TitleIX@nccu.edu">TitleIX@nccu.edu</a>, or submitting the online form through the <a href="mailto:TitleIX Reporting Form">Title IX Reporting Form</a>, located at <a href="https://www.nccu.edu/titleix">www.nccu.edu/titleix</a>.

#### **Campus Programs, Services, Activities, and Resources:**

Other campus resources to support NCCU students include:

- *The Student Advocacy Coordinator* is available to assist students in navigating unexpected life events that impact their academic progression (e.g., homelessness, food insecurity, personal hardship) and guide them to the appropriate University or community resources. Contact Information: Student Services Building, Room G19, (919) 530-7492, studentadvocacy@nccu.edu.
- Counseling Center. The NCCU Counseling Center is staffed by licensed psychologists and mental health professionals who provide individual and group counseling, crisis intervention, substance abuse prevention and intervention, anger management, and other services. The Counseling Center also provides confidential resources for students reporting a violation of NCCU's Sexual Misconduct Policy. Contact Information: Student Health Building, 2nd Floor, (919) 530-7646, counseling@nccu.edu.

#### CENTRAL UNIVERSITY IS A CONSTITUENT INSTITUTION OF THE UNIVERSITY OF NORTH CAROLINA.

- University Police Department. The University Police Department ensures that students, faculty and staff have a safe and secure environment in which they can live, learn, and work. The Department provides a full range of police services, including investigating all crimes committed in and around its jurisdiction, making arrests, providing crime prevention/community programs, enforcing parking regulations and traffic laws, and maintaining crowd control for campus special events. Contact Information: 2010 Fayetteville Street, (919) 530-6106, <a href="mailto:nccupdinfo@nccu.edu">nccupdinfo@nccu.edu</a>.
- Veterans Service. One of the goals of the faculty and the NCCU Veterans Affairs Office's (VAO) is to provide a welcoming and supportive learning experience for veterans. Specifically, the VAO's primary goal is to provide a smooth transition from military to college life for veterans, service members, and dependents. If you wish, please contact your professor and/or the Director of the VAO during the first weeks of class so that we may support and assist you. During your matriculation, the VAO is here to assist you with the VA Educational Benefits process and offer overall support to ensure academic progression towards graduation. For more information, please contact the VAO at 919-530-5000 or veteransaffairs@nccu.edu.
- The Lesbian, Gay, Bisexual, Transgender, and Ally (LGBTA) Resource Center at NC Central University serves as a vital link by which LGBTQIA+ individuals can find a sense of community and everyone can learn about LGBTQIA+ identities and culture. https://www.nccu.edu/life-nc-central/health-and-well-being/lgbta-center

#### Dispositions/Attendance/Participation

As a part of your attendance and participation evaluation, students are graded regarding the following criteria:

- 1) Demonstration of attitudes, behaviors, and dispositions consistent with appropriate responses to critical feedback from the instructor, appropriate interactions and relationships with other students, and adherence to the ACA Code of Ethics.
- 2) Demonstration of dispositions consistent with an inclusive, multicultural, and ethical counseling role in promoting well-being, healthy relationships, academic success, and career mastery
- 3) Demonstration of effective leadership skills;
- 4) Active engagement in class activities and participate as a group member; and
- 5) Contributions to class discussion displaying critical and creative thinking skills.

(\*\*See the most recent version of the ACA code of ethics and the NCCU Counseling Student Handbook for more on Expected Student Dispositions and Behaviors.)

#### **Missed Assignments:**

Students are expected to keep track of assignments via the syllabus AND the Weekly Checklist found each week in the online platform [Canvas]. Late assignments will not be accepted. If there are special concerns or circumstances, contact Dr. Montague via email. Assignments that are not turned in by their deadline will receive a grade of zero (0). Grades for the course are based on accumulation of points. See course grading scale for specific point values of each assignment.

#### **Paper Formatting for Assignments:**

Papers and reflections must follow APA format, which in addition to writing style should include a correctly formatted title page and reference page(s). Other elements of APA formatted papers include but are not limited to: 1-inch margins, running heads, page numbers, and appropriate headings. More information and instruction can be found in the 7<sup>th</sup> edition of the APA Manual. Students are expected to adhere to APA formatting for all papers.

All assignments and requirements are found on Canvas. Rubrics will be provided for all papers to help students understand expectations of the assignment and how the paper is graded. Basic Paper Requirements include:

- Excellent Written Communication: Written communication is free of errors so that the overall message is clear. Reflections may be written in the first person. Other APA papers must be written in the third-person.
- **APA Formatting:** Paper is formatted according to the latest edition of the APA Manual (include a title page, an abstract, and references if applicable). Resources and citations are formatted according to APA (7th Edition).
- More specific information on assignments will be available on the Canvas site.

As your instructor, I am committed to your learning, development, and understanding of this class and its various topics. Assignments and exercises are designed to address various learning styles and to help students gain a more indepth understanding of the material. In order to help students get the most out of this class experience, I strive to provide continual feedback on papers and projects throughout the semester within 9-14 business days after DUE DATE of assignment.

Make sure that you submit your papers in Microsoft Word. Do not upload PDF or a previously formatted document. If you submit a previously formatted document or PDF, the document will be sent back to you.

The following highlights the required papers and assignments for this course along with a brief general description. More specific instructions for each of these assignments will be found in Canvas:

#### 1. Self-Assessment Reflection Paper:

This assignment is part of a pre/post evaluation and will be revisited at the end of the semester. First, students will complete the *Self-Assessment: An Inventory of Your Attitudes and Beliefs about Ethical and Professional Issues* (pgs. 25-32) and thoughtfully review your answers. (Note: This is a personal reflection. There are no right or wrong answers! Do not turn in your answers to the assessment; just your reaction). Next, based on what you learned about yourself, write a reflection on personal values, biases, attitudes, and cultural beliefs that may influence your role as counselor. Possible topics to be explored: family of origin dynamics and its effect on how you relate with others; messages received about people, counseling, and mental illness; religious and spiritual values.

Next, design a plan of action to challenge at least one of those biases, showing how to respond when facing a triggering interaction when in a counseling role. Also, as a result of the self-assessment, identify and discuss what do you most hope to learn about the topic of ethics during the course of this semester. Paper must be written in APA-format. Refer to the 7<sup>th</sup> edition of the APA manual, along with any APA resources that are posted in Canvas. See the rubric for grading specifics! (SLO 3, 6, 7, 18, 19). **Due September 17 by 11: 59 pm.** 

# 2. Ethical Case Study Paper: \*\*\*This is a Taskstream assignment and a group assignment

This assignment has both group and individual components. Students will form a small group (2-3 students) and review the case study provided in Canvas. The group will write and submit a single paper based on the selected ethical case study. Based on our class activities and readings, reflect on the complex nature of professional counseling dilemmas. Include information on the decision-making process associated with resolving ethical quandaries. *Students will also complete and submit a peer evaluation of all group members (worth 5 pts of the total grade).* 

Lastly, [individually] finalize the assignment with a one-page reflection on your reaction to the assignment and any insights gained while completing your paper. <u>All group members will receive the same grade.</u> See the rubric for grading specifics! (SLO 12, SLO 19). **Due September 24 by 11: 59 pm.** 

3. Development of Professional Counseling Internet Assignment: \*\*\*This is a Taskstream assignment

Note: Students have the option of completing this assignment independently OR as a small group assignment based on instructor approval. All group members will receive the same grade. This assignment will help students gain a comprehensive understanding of the history of the counseling profession, professional counseling organizations and associations, as well as assess how technology is playing a role in the profession's development and evolvement. The assignment will include the following three general sections: History and Development of Professional Counseling; A Review of Professional Counseling Related Websites; and Growth of the Counseling Profession Through Technology. Students will apply ethical standards toward current counseling trends, websites, and services in technology and examine how technology may or may not be meeting ethical standards.

# Part I: History and Development of Professional Counseling

Based on your readings for the class and your exploration of the websites listed in the module, write a brief review on the history and development of professional counseling. See detail instructions for this assignment for additional questions to address in part I.

#### **Part II: Professional Websites**

Review and critically analyze the professional websites in the module. Include information from these websites when talking about history and development of professional counseling and/or licensure and certification. See detail instructions for this assignment for additional questions to address in part II.

Part III: Growth of the Counseling Profession Through Technology & Current Labor Trends in Counseling Consider and write about the evolution of distance counseling as an example of ongoing growth in the counseling profession. See detail instructions for this assignment for additional questions to address in part III.

See the rubric for grading specifics! (SLO 1, SLO 4, SLO 9, SLO 10, SLO 19). Due October 22 by 11: 59 pm.

# 4. Roles and Responsibility Assignment – Field Interview: \*\*\*This is a Taskstream assignment

Select a counseling environment or setting in which you would like to work or in which you have an interest. Contact a professional counselor (or other mental health professional) at that site, inform them that you are a graduate student enrolled in an introductory counseling course, and request an interview. Potential interview questions will be posted on Canvas. They include questions related to the roles and responsibilities of professional counselors in the area of licensure, advocacy, professional organization membership and collaboration with other human services providers. After completing your interview, write a report of your experience. Your report should include a <u>summary</u> of your interview (not a word-for-word account), and a report of your reflections/reactions of the site and the individual interviewed (what you thought/how you felt) will serve as the final page. Do not interview family or friends. This individual must have a Master's degree in Counseling, Psychology, or Social Work. See the rubric for grading specifics! (SLO 2, SLO 19). Due November 12 by 11: 59 pm.

# 5. Exams:

Two major assessments will be given. The first assessment given will be your **Midterm** and the second will be your **Final examination**. The exams will consist of multiple choice, true-false, and short answer/essay items. (SLO 6, SLO 14, SLO 16).

#### 6. Weekly Chapter Quizzes:

Each week students will take a chapter quiz on the Mindtap online platform. Weekly quizzes are due by 11:59pm on due date [Sunday]. Once the weekly due date is past, the window will close and the quiz will no longer be available. Students will have two attempts to take the quiz for weekly credit.

#### 7. Self-Care Plan:

In dealing with the demands of being a graduate counseling student, it can be difficult to maintain the right balance between school responsibilities and your personal life. Self-care plans can help you enhance your health and wellbeing, manage your stress, and maintain professionalism as a professional counselor. Students will complete a self-care plan for themselves. A template will be provided. Your self-care plan will be uploaded to Canvas and should be revisited throughout the semester (SLO 18). **Due September 3 by 11: 59 pm.** 

#### 8. Practice Items:

This course offers several supplemental yet important practice items that help bring the topics of ethics and professional orientation to life in this online course format. Students will be assigned weekly audio lectures, Ethics in Action videos, and various online case study scenarios via the Mindtap platform. These are not graded, however they are required and will build upon the readings and the assignments for this course. Further, these supplemental assignments will strengthen general understanding of the complex nature of ethics in the counseling profession. It is strongly recommended that these practice items are completed before taking the weekly quizzes.

#### 9. Attendance, Participation, and Dispositions:

Participation is assessed in various ways, including class attendance, preparation, engagement in class discussions and activities, effort and participation in group projects, levels of engagement in the online supplemental assignments, and professionalism. (\*\*See the most recent version of the ACA code of ethics and the NCCU Counseling Student Handbook for more on Expected Student Dispositions and Behaviors.)

**Sample Participation Score Rubric** 

Participation Grade Components	Below Average/Below Expectations 0 -4	Average/ Met Basic Requirements	Met and Exceeded Basic Requirements and Expectations	65 Total Points
Completion Online Supplemental /Practice Assignments				
Attendance				
Contributions and Engagement in Discussion Board				
Completion of Assignments				
Contribution to Group Projects				

# **Academic Integrity:**

Students are bound by the academic integrity policy as stated in the code of student contact. Therefore, students are required to uphold the university pledge to exercise honesty in completing assignments. Plagiarism of any kind (accidental or otherwise) will result in an automatic zero (0) for the assignment, a report to the Program Chair and Dean, and/or failure of the course. Instructor uses plagiarism detecting software for all written assignments. Also, unless explicitly stated by the instructor, students are not allowed to collaborate on midterm and final exams. See the website for an explanation of NCCU Academic Integrity Honor Code: https://myeol.nccu.edu/kb/article/2133928122

#### **Important Reminders:**

- Please be sure to review the Weekly Checklist that will be provided. This helps students keep on track with assignments and due dates. The same information can be found in the syllabus (course calendar).
- Most Assignments Due on Sunday by 11:59 pm unless otherwise noted.
- Check in on Canvas on a frequent basis. Keep up with Canvas announcements and updates as they are the most up to date and accurate.
- Please keep up with NCCU Counseling Key Dates for drop/add dates and other important information. http://www.nccucounseling.com/student2/index.php/students
- Controversial topics and/or opinions may arise during the course of class discussion that may cause strong feelings or emotions. It is important that any debate of these topics and opinions be discussed in a respectful and courteous manner. Please be mindful and courteous of others as you are listening and speaking in class/virtual environment. It is important that our classroom be a nurturing place for conscientious dialogue.
- Any non-compliance to course policies and guidelines (including professional etiquette) will impact student's participation grade.
- SEE ASSIGNMENT RUBRICS FOR GRADING SPECIFICS! These rubrics will help you be successful on your papers and assignments as I will be specific on how I grade and what I will be looking for.
- Contact me with any issues, concerns, questions. However, please allow 24-48 hours for a response to emails and voice mail messages, excluding nights, weekends, and holidays. Email is the most reliable and quickest communication method.

#### I look forward to working with you this semester!

# **Course Schedule Fall 2023**

Please check the Weekly Assignment Tab and Weekly Checklists on Canvas for Most Up-to-Date Information Please note, the instructor reserves the right to modify this tentative calendar at any time. You will be notified via Canvas of any changes. Use this schedule as a guide for your preparation.

#### **Key Dates**

August 25, 2023: 4pm; End of Add/Drop Period.

September 4, 2023: Labor Day Observance; no classes.

September 15, 2023: Last day to withdraw from university and receive a prorated tuition adjustment/refund.

October 9-10, 2023: Fall Break.

October 11, 2023: Spring registration begins.

November 3, 2023: Last day to withdraw from a class with a W/C grade or from the university with a W grade.

November 22-26, 2023: Thanksgiving Recess.

Grades for graduating students are due Friday, December 1, 2023.

Dat	e	Topic(s)	Readings and assignments
1	Aug. 16	Introductions, Expectations and Syllabus Overview  Introduction to Professional Ethics	(CCC = Corey Textbook)  Before Class this Week: Read CCC: Chapter 1 & Skim the ACA code of ethics.
			Syllabus quiz due by 8/15  MindTap: Review activities Take MindTap: Chapter 1 Quiz by 8/20

2	Aug. 23	The Counselor as a Person and as a Professional & APA Overview/Practice	Before Class this Week: Read CCC Chapter 2 Review APA Manual Resources in Canvas Read/Review Chapters 2-6 of APA Manual Ethical Decision-Making Model
			MindTap: Review activities Take MindTap: Chapter 2 Quiz by 8/27
3	Aug. 30	Values and the Helping Relationship	Before Class this Week: Read CCC: Chapter 3 Read/Review Chapters 7-12 of APA Manual
		*Groups will be assigned for the Ethical Study Paper. Complete the Ethical Case Study Meeting Form 1 by 9/6. Group members will need to collaborate <b>prior</b> to 9/6. Select group team leader and assign group roles. The group team leader will upload Ethical Case Study Meeting Form 1 to Canvas by 9/6 at 5 p.m.	MindTap: Review activities Take MindTap: Chapter 3 Quiz by 9/3 Self-Care Plan due 9/3 by 11: 59 pm (submit the Self-Care Plan worksheet located in Canvas)
4	Sep. 6	*Work with your group on the Ethical Case Study Paper* Complete Ethical Case Study Progress 2 Meeting Form. The group team leader will upload Ethical Case Study Meeting Progress 2 Form to Canvas by 9/13 at 5 pm.	Before Class this Week: Read CCC: Chapter 4 Watch the video: The DNA Journey https://www.youtube.com/watch?v=tyaEQEmt5ls  MindTap: Review activities Take MindTap Chapter 4 Quiz by 9/10 Ethics Meeting Form 1 is due before class starts today!
5	Sep . 13	Client Rights and Counselor Responsibilities  Make an appointment to interview your Helping Professional for the Roles/Responsibility Paper.	Before Class this Week: Read CCC: Chapter 5  MindTap: Review activities Take Chapter 5 Quiz by 9/17 Self-Assessment Reflection Paper due 9/17 Ethics Meeting Form 2 is due before class starts today!
6	Sep. 20	Confidentiality: Ethical and Legal Issues	Before Class this Week: Read CCC: Chapter 6  Complete Prevent Child Abuse Training https://www.preventchildabusenc.org/online- trainings/  MindTap: Review activities Take Chapter 6 Quiz by 9/24 Ethical Case Study Paper* (Group) due 9/24
7	Sep. 27	Managing Boundaries and Multiple Relationships  Mid-Term Exam Ch 1-6 (in class)  Look Ahead: Visit sites for Roles & Responsibilities	Before Class this Week: Read CCC: Chapter 7  MindTap: Review activities
<u></u>		Assignment	Take Chapter 7 Quiz by 10/1

		Professional Competence and Training	Before Class this Week:
8	Oct. 4	Part III II II II	Read CCC: Chapter 8
			MindTap:
			Review activities
			Take Chapter 8 Quiz by 10/8
		Special Topics Debate	Before class this week- prepare for the debate!
9	Oct. 11		
		Looking Ahead – Finalize Roles and Responsibility	
		Assignment Interviews and Papers!	
		Ethical Issues in Supervision	Before Class this Week:
10	Oct. 18		Read CCC: Chapter 9
			MindTap:
			Review activities
			Take Chapter 9 Quiz by 10/22
			Development of Professional Counseling Paper*
			due 10/22
		Issues in Theory and Practice	Before Class this Week:
11	Oct. 25	·	Read CCC: Chapter 10
			•
			MindTap:
			Review activities
			Take Chapter 10 Quiz by 10/29
		Ethical Issues in Couples and Family Therapy	Before Class this Week:
12	Nov. 1	1 11	Read CCC: Chapter 11
			•
		Looking Ahead – Finalize Roles and Responsibility	MindTap:
		Assignment Interviews and Papers!	Review activities
			Take Chapter 11 Quiz by 11/5
		<b>Ethical Issues in Group Work</b>	Before Class this Week:
13	Nov. 8		Read CCC: Chapter 12
			1
			MindTap:
			Review activities
			Take Chapter 12 Quiz by 11/12
			Roles and Responsibility Field Study Report* due
			11/12
		Community and Social Justice Perspectives	Before Class this Week:
14	Nov 15		Read CCC: Chapter 13
			1
			MindTap:
			Review activities
			Take Chapter 13 Quiz by 11/19
15	Nov 22	Thanksgiving recess November 22 - 26	
	Nov 29	Final Exam on Wednesday, November 29	Congratulations!
	1101 27	•	
		villi cover enapters o 15	
		Will cover Chapters 8-13	You did it!

Assignment/Activity	Points	Due Date
	Available	
Papers		
Self-Assessment Reflection Paper	100	9/17
Ethical Case Study Paper* (Group)	155	9/24
Development of Professional Counseling Paper*	150	10/22
Roles and Responsibility Field Study Report*	150	11/12

Self-Care Plan	40	9/3
Quizzes	1	
Syllabus Quiz	10	8/15
Weekly Chapter Quizzes	130	Weekly on Sundays
Midterm Exam	60	9/27
Final Exam	60	11/29
Attendance & Dispositions		
Attendance, Participation, & Dispositions	65	ongoing
Total Available Points	920	

<sup>\*</sup> Indicates that assignment is a Taskmaster Requirement\*

Final Grading Scale	
Letter Grade	Point Total
A	828-920
В	736-827
С	644-735
F	0-643

# **Syllabus Snapshot**

# Papers/Projects Self-Assessment Paper

Ethical Case Study \*

Development of Professional Counseling Paper\*

Roles and Responsibilities Paper\*

Self-Care Plan

\*Taskstream Requirement

# **Quizzes/Exams**

Midterm Exam

# **Participation**

Engagement

Successful Completion of Course Assignments

#### References

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  - https://www.counseling.org/resources/aca-code-of-ethics.pdf
- American School Counselor Association. (2022). Ethical standards for school counselors.
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